

IT'S OKAY TO ASK FOR HELP

If you're a young person aged 16-24, we can offer you counselling sessions

Aberdeen Foyer offers face-to-face, phone and video counselling sessions Free for Young People age 16-24 living in Aberdeenshire.

Available Mon-Fri 9am - 5pm

Here's how to contact us:

Email: counselling@aberdeenfoyer.com OR Scan the QR code to fill in our form>>>

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Someone will get back to you

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www.aberdeenfoyer.com

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